wellcowe pac K-8 Menus for August & September 2025

USDA is an equal opportunity provider. Menus are

We're proud to help keep America strong

Most folks don't know that the National School Lunch Program began in the years after World War II because so many recruits had been deferred from war-time service due to malnutrition. So serving meals at school began as a national defense strategy! School meals were good for kids, good for families – and good for our nation. And we're still here for you, day in and day out, all year long. Welcome back!!

School Meals We serve education every day™



Monday, Aug. 25

Breakfast

Cinnamon Roll **Applesauce**

Lunch

Cheese Sticks Turkey or Ham & Cheese Wrap Marinara Sauce Romaine Salad Fresh Apple

Tuesday, Aug. 26

Breakfast

Mini Pancakes Fresh Apple

Lunch

Scoopin' Taco Chicken Quesadilla Salsa Fiesta Beans Froot Jooce

Wednesday, Aug. 27

Breakfast

Banana Bread Peaches

Lunch

Mini Corn Dogs Chicken Filet Sandwich French Fries **Cucumber Slices** Strawberry Cup

Thursday, Aug. 28

Breakfast

Chicken Sausage Biscuit Craisins

Lunch

Baked Chicken in Gravy w/ Roll Turkev or Ham & Cheese Wrap Steamed Broccoli **Mashed Potatoes** Spiced Apples

Friday, Aug. 29

Breakfast

Belgian Waffle Mandarin Orange Cup

Lunch

Cheese or Pepperoni Pizza **Beefy Tostitos** Baby Carrots Green Beans Watermelon

AVAILABLE DAILY

100% Fruit Juice & Milk offered daily at breakfast and Milk offered daily at lunch



Monday, Sept. 1



Tuesday, Sept. 2

Breakfast Turkey or Ham & Cheese Croissant Fresh Apple

Lunch

Sweet Thai Chicken w/ **Brown Rice** Mini Corn Dogs French Fries Broccoli w/ **Cheese Sauce** Pineapple Tidbits

Wednesday, Sept. 3

Breakfast

Mini Bagel Craisins

Lunch

Enchilada Calzone Cheeseburger Veggie Burger Sweet Potato Waffle Fries Corn Fresh Apple

Thursday, Sept. 4

Breakfast

Mini Pancakes Mandarin Orange Cup

Lunch

Barbecue w/ Corn Muffin Cheese Sticks Marinara Sauce Coleslaw **Baked Beans Diced Peaches**

Friday, Sept. 5

Breakfast Super Donut

Raisels

Lunch

Cheese or Pepperoni Pizza Chicken Egg Rolls w/ Mandarin Sauce Green Beans California Blend **Applesauce**

Monday, Sept. 8

Breakfast

Mini Cinnis **Applesauce**

Lunch

Cheese Sticks Baked Chicken in Gravy w/ Brown Rice Marinara Sauce Sweet Potato Soufflé Banana

Monday, Sept. 15

Breakfast Banana Bread **Applesauce**

Lunch

Cinnamon Roll Scrambled Eggs Yogurt Cheese French Bread Marinara Sauce **Roasted Potatoes Green Beans** Banana

Grapes

Tuesday, Sept. 9

Breakfast

Blueberry Mini

Loaf

Yogurt

Lunch

Scoopin' Taco

Chicken

Quesadilla

Salsa

Corn

Fiesta Beans

Fresh Apple

Tuesday, Sept. 16

Breakfast

Chicken Waffle

Sandwich

Fresh Apple

Lunch

Chicken Filet

Sandwich

Meatballs in Gravv

w/ Brown Rice

Sweet Potato

Waffle Fries

Collards

Lunch Popcorn Chicken w/ Breadstick Cheese Ravioli **Baby Carrots**

Romaine Salad

Banana

Tuesday, Sept. 23

Breakfast Turkey or Ham & Cheese Croissant

Lunch Sweet Thai Chicken w/ **Brown Rice** French Fries Broccoli w/

Wednesday, Sept. 10

Breakfast French Toast Sticks Craisins

Lunch Grilled Cheese Sandwich Hotdog on Bun French Fries **Baked Beans** Strawberry Cup Peach Čup

Wednesday, Sept. 17

Breakfast

Texas Toast

Craisins

Lunch

Beefaroni w/

Breadstick

Mini Corn Dogs

Corn

Romaine Salad

Strawberry Cup

Peach Čup

w/ Breadstick Romaine Salad Sweet Potato Waffle Fries Froot Juice

Thursday, Sept. 11

Breakfast Powdered Mini **Doughnuts** Mandarin Orange Cup

Lunch Chicken Chunks Baked Spaghetti

Thursday, Sept. 18

Breakfast Turkey Pancake on a Stick Mandarin Orange Cup

Lunch Chicken Chunks w/ Dutch Waffle Cheeseburger Veggie Burger **Texas Beans Mashed Potatoes**

Friday, Sept. 19

Breakfast Belgian Waffle Raisels

Friday, Sept. 12

Breakfast

Pizza Bage

Banana Muffin

Lunch

Cheese or

Pepperoni Pizza

Beef & Cheddar

Sandwich

California Blend w/

Cheese

Green Beans

Mandarin Orange

Cup

Lunch Cheese or Pepperoni Pizza Chicken Wings w/ Roll

French Fries Mixed Vegetables **Applesauce**

Friday, Sept. 26

Breakfast Super Donut Raisels

Lunch Cheese or Pepperoni Pizza Chicken Egg Rolls w/ Mandarin Sauce **Green Beans**

California Blend

Monday, Sept. 29

Mini Cinnis **Applesauce**

Cheese Sticks Gravv Brown Řice **Sweet Potato**

Check Our Site!

For more information on nutritionals, carb counts, and answers to FAQ's please visit www.pitt.k12.nc.us/Page/85

Additional Menu Items

- Fresh Salads
 - Wraps
- Sandwiches
- Protein Bento Boxes Offered Daily on a Rotating Basis!

Monday, Sept. 22

Breakfast Cinnamon Roll

Applesauce Fresh Apple

> Mini Corn Dogs Cheese Sauce Pineapple Tidbits

Wednesday, Sept. 24

Breakfast Mini Bage Craisins

Lunch Cheeseburger Sweet Potato Waffle Fries Corn Fresh Apple

Thursday, Sept. 25

Breakfast Mini Pancakes Mandarin Orange Cup

Lunch Enchilada Calzone Barbecue w/ Corn Muffin Cheese Sticks Marinara Sauce Coleslaw **Baked Beans Diced Peaches**

Breakfast

Lunch

Baked Chicken in Marinara Sauce Steamed Broccoli Soufflé

Tuesday, Sept. 30

Breakfast Blueberry Mini Loaf **Yogurt**

Lunch Scoopin' Taco Chicken Quesadilla Salsa Corn Fiesta Beans

Fresh Apple